

Plus-sized model Crystal Renn

'MODELS SHOULD BE ALL SIZES, THEN WOMEN COULD RELATE TO THEM'



Printed top, £35, leggings, £15, boots, £50, all Evans; ring, £8, Daisy & Eve at Evans

Printed top, £35, leggings, £20, belt, £15, all Evans; hair bow, £79, Tour de Force; shoes, £75, Office

The size 16 model and face of Evans, 22, wears the brand's latest collection for curvy girls, and tells us how men just love her figure

Crystal Renn should be a role model for all curvy girls. Five years ago she turned her back on modelling when her agents pressured her to lose weight from her 7-stone frame. Returning three years later as a healthy size 16, she's shown her former fashion critics that curves rule on the catwalk by modelling for Dolce & Gabbana, Jean Paul Gaultier and American *Vogue*. Here she models Evans' new A/W range and talks about changing the face of modelling...

I think the fashion industry focuses too much on extremes... Models are either tiny or they're plus sized, but what about all the people in the

middle? Even celebrities are either skinny or fat. I think models should be all shapes, heights and colours, that way all women would be able to relate to them. Modelling should be about a woman who is beautiful, confident and comfortable in her own skin.

Curves emphasise your femininity...

Men prefer something to grab on to. Curves make you think of health and vitality, and I think that's really attractive. Size zero doesn't scream health. **Men are really receptive to my body...** especially when I've thrown on the red lipstick and I'm dressed up on a night out. It's funny, I have a friend who is a size 20. She has the most incredible body I've ever seen. She's a plus-size model too and she looks like Eva Mendes. When I'm on the street

with that girl, nobody sees me, they're all grinning at her and going crazy. I might as well be wearing a burka. I walk down the street and I'm like, 'I want my coffee.' She walks down the street and she is like, 'Give it to me!' She works it. **I'm not into conventional beauty...** I prefer it when people have a more individual look. I love the way Tilda Swinton looks. She's absolutely beautiful but not in a conventional way. **Clothes can transform your mood...** I love sequins, they always make me happy. I've got a chequered sequined top and it makes everything I wear with it look great. I've also just bought a pair of Dr. Martens with gold polka dots and whenever I see them they make me smile.

Fashion: Carly Stevens. Photography: Nohalide.



Words: Anna Jury. Fashion: Charlotte Adesit, assisted by Carly Stevens. Photography: Candy Lopez. Make-up: Betty Lou using The Revision Matte Collector. Hair: Ernesto Montenegro at My Management using Kérastase.

I stay in shape by eating healthily...
I love organic food and I think it's important to listen to your body. If you're craving something, it's usually because your body needs it. I love eggs, they always give me loads of energy. If I've been on a long flight and I have to go straight to work, I have eggs and suddenly I'm in such a good mood.

I don't have much time to exercise... but I love yoga. It's easy for me to get stressed out when I'm working, because I can often be all over the world in two weeks. When I get home I want to do something that calms my mind, so yoga is perfect.

People don't believe how physical my job is... They're like, 'But you just stand there.' They haven't seen the 30 other shots where I'm jumping all over the place. You often have to work in really extreme temperatures too.

If someone was thinking of becoming a model... I would tell them to be themselves. Don't look in the magazines and think you have to look like all the other girls because that's what I did. There are plenty of girls like that already out there. You need to be true to your body shape because there is a place for you, you just need to find it. If you're true to yourself that's what will set you apart from the rest. The most important thing about modelling is individuality.



Jumper, £32.50, leggings, £20, all Evans; earrings, £10, bangle, £12, hairband, £6, all Daisy & Eve at Evans; shoes, £70, Topshop



Dress, £35, leggings, £15, all Evans; earrings, £15, Daisy & Eve at Evans; hairband, as before

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Tunic, £45; skirt, £35, all Evans



Biker jacket, £55, sequin top, £35, leggings, £15, all Evans; earrings, £10, bangles, £12 each, all Daisy & Eve at Evans; boots, £50, Rokit

CRYSTAL'S 5 FASHION TIPS FOR CURVY GIRLS

1 If you've got a tiny waist, then a cinch belt is a must. And if you've got great legs, then go a bit shorter with your skirts. There's always something that's worth playing up.

2 I think curvy women look great in statement pieces. You don't want to go too little and dainty. Make the most of the fact you can pull off, say, a piece of statement jewellery in a way that a smaller girl probably couldn't.

3 Tailored shapes can really change your appearance. Personally, I love big bell-shaped coats and dresses, but there will always be a shape that looks really good on you.

4 Make the most of your individual style. I don't like anything that's too girly or pretty, so I'll toughen up a little dress with a leather jacket or some leggings (Evans do some great ones). Identify what works for you and go with it.

5 I love 50s-style underwear, the kind that comes up to your waist with a little bra. I think it's flattering in all the right places and a great way to get a man's attention. I hate thongs - a guy must have invented them because they're so uncomfortable it's unbelievable.